



ANNUAL REPORT 2017-18

Celebrating 40 years of supporting and empowering
women and children escaping family violence



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MISSION, VISION AND VALUES

Our mission

Kara House supports the rights of women and children to live in safety and without fear of violence from family members.

Our vision

To provide support to women, their children and/or significant others impacted by family violence in Victoria. We do this by:

- Advocating on behalf of our diverse client base and the family violence sector
- Being responsive and adaptable in service delivery
- Actively collaborating for a sustainable future

Our values

- Respect and acceptance
- Working together as a team
- Unconditional positive regard
- Empowerment of women
- Environment for growth and learning
- Flexibility
- Diversity
- Access and equity
- Continuous improvement



ABOUT KARA HOUSE

Who we support

Kara House provides information, advice and support to all women about family violence including:

- Single women
- Women with children
- Women with disabilities
- Young women
- Older women
- Women from culturally and linguistically diverse backgrounds
- Women who identify as members of the LGBTI community

About Kara House

Kara House is part of the Victorian women's refuge service system that provides safe and secure accommodation to women and children who have experienced the effects of family violence and need to relocate for their safety.

Kara House provides short term crisis accommodation in a high security refuge, as well as support to women and children residing in transitional housing, living in the community or accommodated short term in motels by Safe Steps Family Violence Response Centre.

Kara House is a Specialist Family Violence service and a member of the Eastern Specialist Family Violence Alliance (ESFVA). Kara House and the members of the ESFVA collaborate for the purposes of professional development and shared advocacy and learning, leading to an improved response to women and children.

Contact details

Kara House Inc.

ABN: 20 305 139 734

Postal Address: P.O. Box 308 Burwood, VIC 3125

Phone: 1800 900 520

Email: admin@karahouse.org.au

Hours: Monday to Friday 9.00pm – 5.00pm

CHAIR REPORT

Chairperson's Report

It gives me great pleasure, on behalf of the Management Committee, to present the 2017- 2018 Annual Report for Kara House Inc.

We have had another very successful year in supporting many women and children fleeing family violence. Much of this is through the enormous generosity of many groups and individuals, who are listed in this Report.

Kara House Inc. is funded through the Victorian Department of Health and Human Services (DHHS), to provide care in our Refuge and also to many more women and children, in motels and other housing. Through the generosity of our donors and supporters we are able to provide other essential items. It is well known that a large number of people that have to escape family violence do so with only the things they wear, so with this extra support, we are able to provide clothing, toiletries, linen, pillows and other items to help set up a new home. Larger donations are used to improve the environment in our refuge.

In past Annual Reports, I have been able to refer to the many changes that have come about since the Royal Commission into family violence. This year we have been advised, that Kara House Inc. will operate a new Refuge in the Eastern Suburbs. I am sure this new facility will be managed with the same diligence as the operation of our current refuge, under the direction of our Manager Veronica Coleman and the wonderful staff. It is gratifying for the Management Committee to see their work rewarded. Veronica and her staff have also ensured that Kara House Inc. passed its 3-year accreditation in March of this year.

Another milestone for Kara House was the 40th Birthday Celebration held in October of the 2018-19 financial year. This was a great occasion. Kara House was established under CO.AS.IT. in 1975, as place of refuge for Italian women and later transferred over to an independent, Incorporated Association in 1978. It has taken this long, for family violence to start to be recognised, as a destructive blight within our Society. I would hope there would be no need for Refuges in the next 40yrs.



Finally, my utmost thanks for the members of the Management Committee. They are innovative, creative and highly skilled in a variety of professions and above all passionate volunteers. Without you Kara House Inc. would not be so successful.

Margaret Morrissey
CHAIR

MANAGER'S REPORT

Report from the manager

2018 has been a big year for Kara House. This year our focus has been on continuing to strengthen and improve our work with victims of family violence with a particular emphasis on children. Children that enter refuge have all experienced trauma. Although the stay in refuge is usually short it is a window of opportunity to intervene and work with the mother and other professionals to provide the specific support the children require. Family Safety Victoria also provided additional funding this year to resource refuges to expand the work we do with children in recognition of this opportunity. In March we underwent successful Accreditation against the HSS and QIC standards as a requirement of our ongoing funding. This is the 4th time Kara House has been Accredited and while we are now familiar with the process, it still generates anxiety until it is achieved. Although it is time consuming, the 3-year process of review leading up to Accreditation is an opportunity to systematically look at how we do things, identify improvements and work towards enhancing our service provision.

In October 2018 we celebrated Kara House's 40th Anniversary. The event was held at the Box Hill Town Hall and was universally agreed to be a great success. A number of donors and supporters attended, as well as staff and Management Committee members. Art work created during Art Therapy and wellbeing sessions at the refuge was displayed. We were fortunate enough to have engaging speakers, including a former client and our keynote speaker was Associate Professor Suellen Murray, former Management Committee member of Kara House and coauthor of a book on the history of the refuge movement – "From the Margins to the Mainstream".



As 2018 comes to a close and we anticipate 2019, Kara House is heading into an exciting new phase. As a result of the recommendations of the Royal Commission into family violence released in 2016, Kara House is to have a new refuge development in the City of Monash. The new refuge will be a core and cluster design providing greater flexibility and modern accommodation for clients. We eagerly anticipate this new development and the opportunity for change and development it will bring.



In the last twelve months we have welcomed 3 new staff members, Melissa and Katie as Specialist Family Violence Practitioners and Ruby as our Development Officer, to specifically liaise with donors and promote the work of Kara House. I would like to thank all the members of the Kara House team, management committee and our donors and supporters. Your professionalism, enthusiasm and support enables us to continue to achieve the best possible outcomes for victims of family violence.

Veronica Coleman
MANAGER

PROGRAMS

Kara House values the diversity of all women and children and is committed to providing quality services that are sensitive and responsive to women and children's unique experiences, including their culture, geographic location, race, age, ethnicity, religion, ability and/or sexual preference. Kara House actively works to eliminate discriminatory barriers and practices that women and children experiencing family violence face in contemporary society.

Refuge

Kara House is a high security specialist family violence service providing intensive case management support and short term crisis accommodation in a communal refuge property. Crisis accommodation and support is offered to women and children experiencing family violence and who seek to increase their personal safety and security.

Transitional housing

Kara House provides support to women exiting refuge, in transitional housing where available. Transitional housing is short term accommodation provided by housing managers on a short lease. Transitional housing provides women and children exiting refuge greater independence and the opportunity to continue to receive support while looking for longer term housing options. Wherever possible Kara House will nominate clients exiting refuge for a transitional property. Transitional property leases are short term leases; usually 3 months and at a subsidised rental, that aligns with approximately 25% of a client's income.

Crisis outreach

Kara House assists Safe Steps Family Violence Response Centre to provide material aid and emotional support to women and children residing in motel while they await a refuge bed. Kara House does not receive funding to provide this service but does so primarily to provide a service to vulnerable women and children and to strengthen our partnership with Safe Steps Family Violence Response Centre and associated services.



General outreach

Kara House provides support to women and children in the community by direct contact or referral from external services. Outreach support refers to the provision of support and case management to women and children who may be accommodated in transitional housing supported by a generalist service, women re-establishing themselves independently after leaving Kara House refuge or transitional housing and women and children living independently in their own accommodation within the community. The support provided is determined by the needs of the women and children and may include information, advice, court and emotional support.

Children

During the weekly refuge resi meeting, the children's worker spends an hour with the children whilst their mothers attend the meeting. This allows the mothers to have uninterrupted time with the rostered resi worker to discuss refuge issues, and allows the children to have some fun time with the children's worker. The children's worker will prepare an activity, based on the children's ages, and then according to the weather, the activity will take place in the playroom, in the under-cover outside area or in the back garden.

Some of the activities the children enjoyed this year included:

- Music shakers
- Jigsaw puzzles
- Drawing outlines of themselves
- Decorating a treasure box
- Sensory bags
- If I were an animal word and drawing game
- Reading books about being brave, where I live, having a bad day
- A worry tower
- Felt play



The safety and
well being of children

During the activity, the children's worker will gently introduce a discussion about feelings – how the child is feeling being in refuge, being away from their friends, going to a different school, not seeing their dad. Talking to children about everyday feelings helps them to normalise how they feel and to provide reassurance that everyone feels emotions:

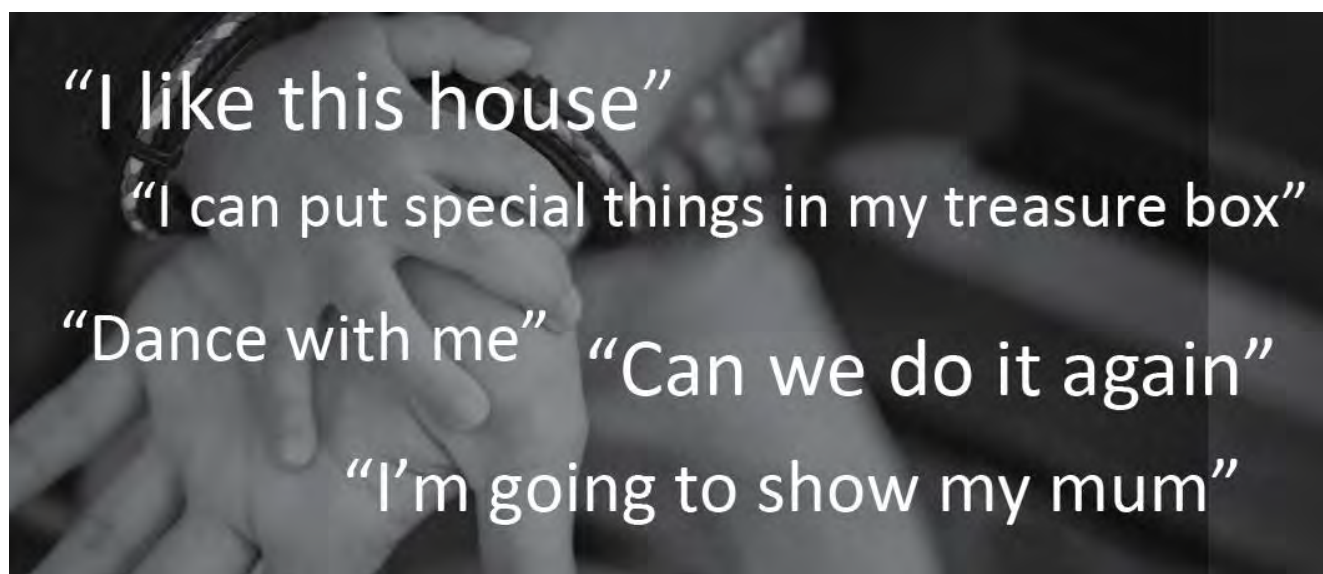
- *Sometimes we feel sad – like when someone we love hurts us*
- *Sometimes we feel happy – like when we are having fun playing or singing the song... 'when you're happy and you know it clap your hands'.*

The children's worker will help them to find ways to express feelings without them having to act them out in a negative way:

- *Sometimes we feel angry – 'when you're angry and you know it stomp your feet'.*

Spending some time away from their mothers can often provide respite for them from having to witness their mother's emotions; they get time to draw and listen to a story, to make a craft, to sing and laugh and dance.

Some of the feedback captured by the children during the activities included:



The children's worker, during the activity session, will take the opportunity to observe the children at play and can then provide feedback to the children's mothers. This can encourage the mother to share any worries she may have about her children, whereby the children's worker can provide encouragement and support, information and strategies, and where necessary, referrals to child-specific services.

Family Violence Support Group

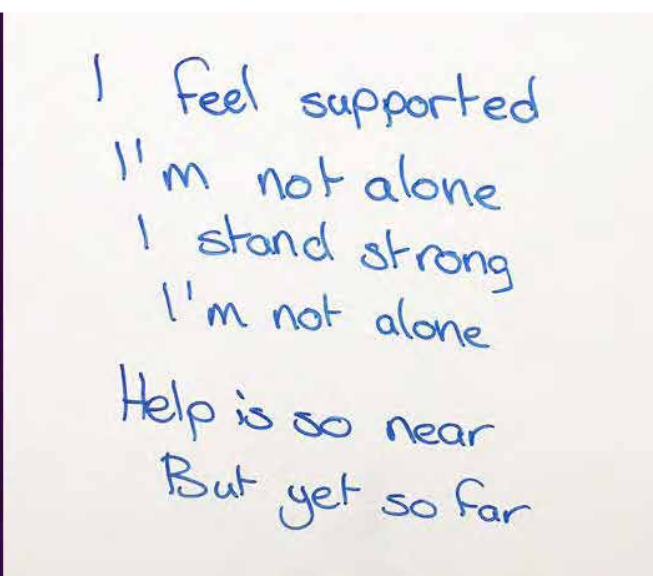
Kara House was fortunate to receive funding from the Tucker Foundation to organise a support group for women impacted by family violence. The primary aim of the group, called **Moving On** was to educate and facilitate group discussions with a focus on wellbeing via relaxation activities including art therapy, tai chi and music therapy.

We have run three very successful groups this year, attended by women who were residing in refuge, living in transitional housing, and women who were living in their own homes, either having left an abusive relationship or still living with it. A Community House provided a warm and welcoming atmosphere for our groups, a safe place for women to share their experiences and childcare for the women attending with children. The Community House was local and accessible for public transport users.

Moving On is facilitated by an experienced Kara House practitioner with an educational background in group facilitation and counselling. The women learnt about the impact of family violence on themselves and their children, they were provided with emotional and practical support as they worked through the effects of abuse, and they were encouraged and supported to affirm their own identity and self-worth. Due to the success of **Moving On** Kara House plans to facilitate another three groups next year.

Feedback:

- I now understand the cycle of violence
- It was great talking with other women who have been through the same as me
- I loved the music therapy and making our own CD
- I am feeling optimistic about the future
- It was good to chat over morning tea
- I didn't realise how it impacted on my child
- I was given some valuable tips in recognising family violence and control



Wellbeing program

When clients come into refuge, they are usually tired, emotional and overwhelmed. Once in refuge, their days are filled with meetings, appointments and ticking off countless tasks that need to be achieved in order for her to move forward into a safe and secure future. This often depletes their already low wellbeing reserves, so Kara House runs a Wellbeing Program for clients in refuge. The idea behind running group activities was mainly to introduce some relaxation and fun time, to 'take them away' from their current situation, for social inclusion – particularly for those clients whose English is not their first language, to be creative and to explore new skills and interests.

Some of the activities run this year have included creating a terrarium garden, making low cost, but deliciously fresh vegetable rice paper rolls, flower arranging, no-sew blankets – lovingly made by a brand-new mum, constructing a cactus rock garden, hand painted bottle, still life painting and jewelry making. The objectives of running wellbeing sessions include increasing the client's health and wellbeing, to increase communication and rapport between clients and Kara House workers and to allow a client to reflect her feelings through creativity.

Overall, the program has been successful and well attended, and the feedback received from the clients has reinforced the request to continue the program next year.

Feedback:

- Relaxing, learning, experience, fun
- Brought happiness into my grey life
- Loved working outdoors
- Female interaction and laughs
- I loved the company
- Great initiative to bring the house together
- Good chats, good fun
- I had an absolute ball



CLIENT FEEDBACK

Feedback from our clients

“If it wasn’t for Kara House, I don’t know where I would be today.”

Former client

“I’m looking forward to a new future. The support of Kara House gave me confidence.”

Susan – former client

“They gave me food and gift packets and some cosmetics for my daughter. She was delighted.”

Aisha and daughter – clients

“The best part was meeting other women who have been through the same kind of thing.”

Julie – Family violence support group

“I honestly had no other expectations other than to be safe.”

Sally – client

“We are truly blessed. Thank you for our bag of goodies, thank you.”

Jane and children – clients

CASE STUDY

Akeyo

Akeyo was referred to Kara House for crisis accommodation after leaving a violent relationship perpetrated by her partner of 13 months. Akeyo was born in Sudan and came to Australia in 2017 on a Student Visa. She obtained a Certificate in Child Care, which allowed her to work part-time whilst she continued studying her business studies. During this time, she met and moved in with her partner. The abuse started soon after.

When Akeyo came into Kara House she was 34 weeks pregnant, she was no longer working, had suspended her studies and was not eligible for Centrelink support. She had less than \$200 in her bank account. Akeyo had no family or friends in Australia for support.

As Akeyo had little to no ante-natal care, we linked her in to the local maternity hospital. Fortunately, her pregnancy was healthy and progressing normally, with an expected arrival in 4 – 5 weeks. Kara House has the good fortune to receive generous donations of children's clothing and we were able to prepare a wardrobe of clothes for the new baby who would soon join Kara House. We accessed the St Kilda Mum's service for baby equipment.

We ensured Akeyo was being advised regarding her immigration status so she could make future plans, and we linked her into a multicultural service for cultural support. Akeyo's lack of income was of a priority, as she had suspended work due to her pregnancy. Kara House was able to provide minimal financial assistance and she was referred to the Red Cross for monetary support. Our major concern regarding finances was she was not eligible for Medicare and as she was no longer working, she could not pay for private health insurance as was dictated in her visa conditions. Being medically supported for her ante-natal care and imminent birth meant she was going to incur large hospital bills. Kara House advocated on Akeyo's behalf and successfully negotiated possible brokerage assistance following the birth of her baby.



Less than a month after coming into refuge, Akeyo gave birth to a healthy and gorgeous baby boy, Darweshi, and shortly after that we transferred the new family into a transitional property. Kara House continued to work with Akeyo and linked her in with maternal and child health support. Darweshi was a delight and continued to thrive and meet his mile stones. Kara House successfully accessed \$7000 in brokerage to pay for Akeyo's hospital bills.

In October, Akeyo's cousin moved to Australia on a working visa and together with Akeyo they managed to access shared private rental. Akeyo has resumed working part-time; her cousin looks after Darweshi. Kara House has now closed Akeyo's file. She continues to work with migration support.

Supporting clients who do not have permanent residency, and, who are not eligible for Centrelink support has been difficult in the past. Specialist family violence services who provide crisis accommodation, know the difficulty of moving clients out of refuge and into long-term housing when the client does not have money for rent or day-to-day living. It has been a challenge to access resources to support these clients. However, in the last 6 months, DHHS have allocated funding to family violence services to support women without permanent residency, and with careful management these funds can assist clients into moving into a more secure future.

ACKNOWLEDGEMENTS

Our partners

Kara House Management Committee and staff would like to thank the Department of Health and Human Services who provide our operational funding under the Funding and Service Agreement and to the staff of the Department in the Eastern Region who have assisted with their donation collections and ongoing support.



Kara House assists Safe Steps Family Violence Response Centre to provide material aid and emotional support to women and children residing in motel while they await a refuge bed. Kara House does not receive funding to provide this service but does so primarily to provide a service to vulnerable women and children and to strengthen our partnership with Safe Steps Family Violence Response Centre and associated services.



We would like to thank the organisations and services below who we partner with to provide services.

- Box Hill CIS
- Community Housing Ltd (CHL)
- Connecting Up Inc.
- Domestic Violence Resource Centre (DVRC)
- Eastern Emergency Relief Network (EER)
- Eastern Victims Assistance and Counselling Program
- InTouch
- Salvo Care Housing
- StreetSmart
- The Migrant Resource Centre
- Wesley – Resilient Kids Program
- Women's Housing Ltd (WHL)

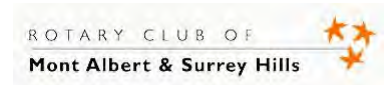
FUNDRAISING AND DONORS

Major donors

We would like to acknowledge and thank out Major Partners for their generous donations this year.

The Rotary Club of Mont Albert and Surry Hills

Donated 4 air conditioners for the bedrooms at the bedroom in the refuge, which will make a huge difference to our clients in summer. They also replaced the table and chairs in the kitchen at the refuge with a beautiful new handmade set.



The Albert and Barbara Tucker Foundation

We received a grant from the foundation to run MOVING ON a family violence support group from women who are experiencing or have experienced family violence. The grant also included funds to run Art Therapy sessions for our clients and their children in the refuge.



The City of Whitehorse

We received a community grant to continue MOVING ON our Family Violence Support Group next year. in the wider community. The Parenting Forum collected funds, which was spent, on much needed material aid for our client's children.



Lions Club of Box Hill

Provided funds to purchase new home packs for our clients. The packs provide much need household items for families when they move from the refuge into new accommodation.



Lions Club of Box Hill – New home pack



The Rotary Club of MASH – kitchen table and chairs

Individual, business and organisation donors

We would also like to thank the numerous individuals, businesses and organisations that have kindly supported Kara House. Your generosity and support means that we are able to provide the women and children experiencing family violence with additional aid.

- Impact for Women
- The Rotary Club Of Boronia
- The Rotary Club of Box Hill
- Swinburne Institute of Technology
- We Are Silent Arrow,
- Kiwanis International
- Lucy Walsh
- Donvale Chiropractic Centre
- The Rotary Club Of Monash
- The Whitehorse Rotaract Club
- The Box Hill Toy Library
- Nino Early Learning Adventures
- Reece Group,
- The View Clubs of Doncaster Ferntree Gully
- The Zonta Club Of Melbourne
- Halal Food Bank
- Brilliant Group
- Nappy collective
- Parklife Church
- The Full Gospel Assembly
- Knitting for the needy
- St Kilda Mums



Impact for Women – Bags of love



The Rotary Club of Boronia – boxes of linen and towels

Ongoing fundraising projects

Though our core support services are government funded we are always actively working to improve the experience of the clients while in our care by improving the environment and additional services.

These are some of the ongoing projects:

Crisis clothing packs

Most of our clients arrive with very little and these packs provide essential basics like pyjamas, t-shirt, hoodie, track-pant.

Fresh Start Home pack

These packs provide basic home necessities like toaster, cutlery and kettle for families when the move from refuge into transitional housing.

Toiletry packs

Providing essential items when the women first arrive at the refuge.

Linen Packs. These packs provide basic home packs provide fresh new when our families move from transitional housing.

School Packs. The packs include backpack, lunch box and drink bottle for a child starting at a new school.

Toys for children. Every year we provide mothers in our care with gifts to give their children on Christmas day. Throughout the year, we are continuously reaching out for toy donations for children for all ages for the clients in our care.



The Box Hill Toy Library – toy bags for children



Parklife Church – Toiletry kits for women

STATISTICS

Financial year 2017 - 2018

354 women
199 children

In the last year we supported 354 women and 199 children with secure refuge, safety planning, outreach support, referral and liaison to other services.

43 different cultural backgrounds

Clients are predominately Australian followed by Aboriginal, New Zealand, Indian, Vietnamese, Pakistani, Iranian, Turkish and 35 other cultural backgrounds.

72% disclosed mental illness

Last year 72% of our clients disclosed a previous mental illness. These included depressions, anxiety, Bi-polar, PTSD, suicidal and schizophrenia.

89% experienced violence before

Up to 89% of our clients have experienced some form of family violence previously in their life before coming to Kara House. Often multiple times.

1 to 2 weeks length of stay

The average length of a client's stay in safe refuge is 1 to 2 weeks. Those staying longer usually find alternatives after 6-7 weeks with the longest stay being 27 weeks.

52% increase in LGBTI clients

There was a 52% increase in clients identifying as LGBTI and requesting specialist advice, support and services offered by Kara House.

FINANCIAL STATEMENTS

For the year ended 30 June 2018

Kara house Inc.
ABN 20305 139 734



Kara House Inc
ABN 20 305 139 734

Financial Statements
For the year ended 30 June 2018

Kara House Inc
ABN 20 305 139 734

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Kara House Inc
ABN 20 305 139 734
Committee's Report
For the year ended 30 June 2018

Your committee members submit the financial accounts of the Kara House Inc for the financial year ended 30 June 2018.

Committee Members

The names of committee members at the date of this report are:

Margaret Morrissey
 Veronica Coleman
 Maureen Breen
 Chloe Brayne
 Catherine Lockstone
 Jyoti Wardhen
 Melinda Harrison
 Susan Smith

Principal Activities

The principal activities of the association during the financial year were: A family violence service providing crisis supported accommodation to women and children.

Significant Changes

No significant change in the nature of these activities occurred during the year.

Operating Result

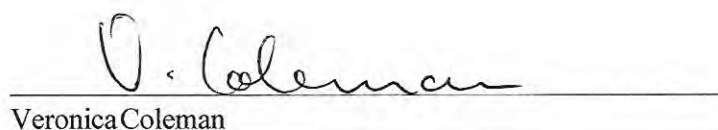
The surplus from ordinary activities after providing for income tax amounted to

Year ended	Year ended
30 June 2018	30 June 2017
\$	\$
14,099	94,063

Signed in accordance with a resolution of the Members of the Committee on:

11 September 2018


 Margaret Morrissey


 Veronica Coleman

Kara House Inc
ABN 20 305 139 734
Income and Expenditure Statement
For the year ended 30 June 2018

	2018 \$	2017 \$
Income		
Interest received	6,728	4,602
Other income	3,145	4,675
Donations & other grants	25,072	50,805
Grants Received - DHS		
- DHS - Crisis Supported Fund	575,707	539,446
- DHS - Housing Establishment Fund	16,507	16,184
- NPAH - Sector Capacity	15,646	15,186
- NPAH - A Place to Call home	63,597	61,372
- Transition Support	264,642	254,381
	936,099	886,569
Grants brought forward	90,000	
Grants carried forward	(90,000)	(90,000)
Profit on sale of property, plant, equip		550
Total income	971,044	857,200
Expenses		
Audit fees	2,034	1,794
Client Expenses	5,781	2,793
Continuous Quality Improvement	26,273	8,725
Depreciation	22,219	22,305
Donations	8,729	3,689
Fundraise & development	1,422	
Governance & Management	2,908	1,830
Human Resources	21,538	6,260
Holiday pay	21,208	9,677
Housing Establishment Fund	15,072	24,415
Long service leave	6,960	7,053
Motor Vehicle Expenses	15,379	12,266
Network & Partnerships	4,273	4,097
Office Expenses	44,466	41,456
Rent	29,925	28,523
Refuge Expenses	26,696	42,844
Risk Management & OHS	779	700

The accompanying notes form part of these financial statements.

Kara House Inc
ABN 20 305 139 734
Income and Expenditure Statement
For the year ended 30 June 2018

	2018 \$	2017 \$
Sick Leave	13,684	18,056
Superannuation	55,348	43,573
Worksafe Injury Insurance	24,356	14,383
Wages & Salaries	607,893	468,696
Total expenses	956,945	763,137
Surplus from ordinary activities before income tax	14,099	94,063
Income tax revenue relating to ordinary activities		
Net surplus attributable to the association	14,099	94,063
Total changes in equity of the association	14,099	94,063
Opening retained earnings	284,040	189,977
Net surplus attributable to the association	14,099	94,063
Closing retained earnings	298,139	284,040

Kara House Inc
ABN 20 305 139 734
Statement of Financial Position
As at 30 June 2018

	Note	2018 \$	2017 \$
Assets			
Current Assets			
Cash assets	<u>2</u>	172,422	139,237
Other	<u>3</u>	360,405	304,405
Total Current Assets		<u>532,826</u>	<u>443,641</u>
Non-Current Assets			
Property, plant and equipment	<u>4</u>	97,620	119,839
Total Non-Current Assets		<u>97,620</u>	<u>119,839</u>
Total Assets		<u>630,447</u>	<u>563,481</u>
Liabilities			
Current Liabilities			
Payables	<u>5</u>	14,477	10,527
Current tax liabilities	<u>6</u>	22,310	15,245
Provisions	<u>7</u>	171,193	136,302
Other	<u>8</u>	90,000	90,000
Total Current Liabilities		<u>297,980</u>	<u>252,073</u>
Non-Current Liabilities			
Provisions	<u>7</u>	34,327	27,367
Total Non-Current Liabilities		<u>34,327</u>	<u>27,367</u>
Total Liabilities		<u>332,307</u>	<u>279,440</u>
Net Assets		<u>298,139</u>	<u>284,040</u>
Members' Funds			
Retained earnings		298,139	284,040
Total Members' Funds		<u>298,139</u>	<u>284,040</u>

The accompanying notes form part of these financial statements.

Kara House Inc
ABN 20 305 139 734
Statement of Cash Flows
For the year ended 30 June 2018

	2018 \$	2017 \$
Cash Flow From Operating Activities		
Receipts from customers	964,316	852,048
Payments to Suppliers and employees	(881,859)	(616,130)
Interest received	6,728	4,602
Net cash provided by (used in) operating activities (note 2)	89,185	240,520
Cash Flow From Investing Activities		
Payment for:		
Payments for property, plant and equipment		(53,224)
Proceeds from disposal of:		
Proceeds from sale of property		550
Net cash provided by (used in) investing activities		(52,674)
Net increase (decrease) in cash held	89,185	187,846
Cash at the beginning of the year	439,237	251,391
Cash at the end of the year (note 1)	528,422	439,237

Kara House Inc
ABN 20 305 139 734
Statement of Cash Flows
For the year ended 30 June 2018

2018

2017

Note 1. Reconciliation Of Cash

For the purposes of the statement of cash flows, cash includes cash on hand and in banks and investments in money market instruments, net of outstanding bank overdrafts.

Cash at the end of the year as shown in the statement of cash flows is reconciled to the related items in the balance sheet as follows:

Cash At Bank - General Account	3,268	2,150
Community Solutions Cash Reserve	126,214	111,462
Donation Account	40,466	24,987
Service Deposit	73	238
Debit Card	2,000	
Petty Cash	400	400
Short term deposits	356,000	300,000
	<u>528,422</u>	<u>439,237</u>

Note 2. Reconciliation Of Net Cash Provided By/Used In Operating Activities To Net Profit

Operating surplus (loss) after tax	14,099	94,063
Depreciation	22,219	22,305
(Surplus) / Loss on sale of property, plant and equipment		(550)
Changes in assets and liabilities net of effects of purchases and disposals of controlled entities:		
Increase (decrease) in other creditors	3,950	85,060
Increase (decrease) in employee entitlements	41,852	34,786
Increase (decrease) in sundry provisions	7,065	4,855
Net cash provided by operating activities	<u>89,185</u>	<u>240,520</u>

Kara House Inc
ABN 20 305 139 734
Notes to the Financial Statements
For the year ended 30 June 2018

Note 1: Summary of Significant Accounting Policies

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporations Reform Act 2012 and the Australian Charities and Not-for-profits Commission Act 2012. The committee has determined that the association is not a reporting entity.

The financial report has been prepared on an accruals basis and is based on historical costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

(a) Property, Plant and Equipment (PPE)

Leasehold improvements and office equipment are carried at cost less, where applicable, any accumulated depreciation.

The depreciable amount of all PPE is depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use.

Leasehold improvements are amortised over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

(b) Impairment of Assets

At the end of each reporting period, the entity reviews the carrying values of its tangible and intangible assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value in use, is compared to the asset's carrying value. Any excess of the asset's carrying value over its recoverable amount is expensed to the income statement.

(c) Employee Benefits

Provision is made for the association's liability for employee benefits arising from services rendered by employees to the end of the reporting period. Employee benefits have been measured at the amounts expected to be paid when the liability is settled.

(d) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.

(e) Revenue and Other Income

Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. For this purpose, deferred consideration is not discounted to present values when recognising revenue.

Kara House Inc
ABN 20 305 139 734
Notes to the Financial Statements
For the year ended 30 June 2018

Interest revenue is recognised using the effective interest rate method, which for floating rate financial assets is the rate inherent in the instrument. Dividend revenue is recognised when the right to receive a dividend has been established.

Grant and donation income is recognised when the entity obtains control over the funds, which is generally at the time of receipt.

All revenue is stated net of the amount of goods and services tax (GST).

(f) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Tax Office. In these circumstances, the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the assets and liabilities statement are shown inclusive of GST.

(g) Trade and Other Payables

Trade and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the association during the reporting period, which remain unpaid. The balance is recognised as a current liability with the amounts normally paid within 30 days of recognition of the liability.

(h) Income Tax

The Association is a Public Benevolent Institution and is exempt from Australian Income Tax. It is endorsed as a Deductible Gift Recipient and donations of \$2 or more are tax deductible.

Kara House Inc
ABN 20 305 139 734
Notes to the Financial Statements
For the year ended 30 June 2018

	2018	2017
Note 2: Cash assets		
Bank accounts:		
- Cash At Bank - General Account	3,268	2,150
- Community Solutions Cash Reserve	126,214	111,462
- Donation Account	40,466	24,987
- Service Deposit	73	238
- Debit Card	2,000	
Other cash items:		
- Petty Cash	400	400
	<u>172,422</u>	<u>139,237</u>

Note 3: Other Assets

Current

Short term deposits	356,000	300,000
Other	4,405	4,405
	<u>360,405</u>	<u>304,405</u>

Kara House Inc
ABN 20 305 139 734
Notes to the Financial Statements
For the year ended 30 June 2018

2018

2017

Note 4: Property, Plant and Equipment

Building contents:

- At cost	5,088	5,088
- Less: Accumulated depreciation	(2,597)	(1,553)
	<u>2,490</u>	<u>3,535</u>

Plant and equipment:

- At cost	63,527	72,342
- Less: Accumulated depreciation	(25,025)	(22,765)
	<u>38,502</u>	<u>49,577</u>

Motor vehicles:

- At cost	80,790	80,790
- Less: Accumulated depreciation	(24,161)	(14,063)
	<u>56,628</u>	<u>66,727</u>
	<u>97,620</u>	<u>119,839</u>

Note 5: Payables

Unsecured:

- Other creditors	14,477	10,527
	<u>14,477</u>	<u>10,527</u>
	<u>14,477</u>	<u>10,527</u>

Note 6: Tax Liabilities**Current**

GST payable	25,905	23,479
Input tax credit	(3,595)	(8,234)
	<u>22,310</u>	<u>15,245</u>

Kara House Inc
ABN 20 305 139 734
Notes to the Financial Statements
For the year ended 30 June 2018

2018

2017

Note 7: Provisions**Current**

Employee entitlements*	171,193	136,302
	<u>171,193</u>	<u>136,302</u>

Non Current

Employee entitlements*	34,327	27,367
	<u>34,327</u>	<u>27,367</u>

* Aggregate employee entitlements liability	205,520	163,668
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There were 10 employees at the end of the year

Note 8: Other Liabilities**Current**

Grants In Advance	90,000	90,000
	<u>90,000</u>	<u>90,000</u>

Note 9: Capital and Leasing Commitments

Operating lease expenditure contracted for at balance date that is not cancellable and is not provided for in the accounts:

Payable:

No later than one year	30,737	29,697
Later than one year but not later than two years	12,990	30,737
Later than two years but not later than 5 years	<u> </u>	<u>12,990</u>
	<u>43,727</u>	<u>73,424</u>

Kara House Inc
ABN 20 305 139 734
Statement by Members of the Committee
For the year ended 30 June 2018


The Committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the Committee the Income and Expenditure Statement, Statement of Financial Position, and Notes to the Financial Statements:

1. Presents fairly the financial position of Kara House Inc as at 30 June 2018 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that the association will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:


Margaret Morrissey
Chairperson


Veronica Coleman
Committee Member

Independent Auditor's Report to the Members

Report on the Audit of the Financial Report

Director:
A.R Ager CA, BEc
Registered Company Auditor

Assur Pty. Ltd.
PO Box 987
Level 1, 189 Coleman Parade,
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T: +61 (3) 9560 0211
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E: tony.ager@optusnet.com.au

Authorised Audit Company
No. 453122

Opinion

We have audited the financial report of Kara House Inc (the association), which comprises the Statement by Members of the Committee, Income and Expenditure Statement, Statement of Financial Position as at 30 June 2018, a summary of significant accounting policies and the certification by members of the committee on the annual statements giving a true and fair view of the financial position and performance of the association.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the association as at 30 June 2018 and [of] its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements, the Australian Charities and Not-for-profits Commission Act 2012 and the requirements of the Associations Incorporation Reform Act 2012.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the association in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the association to meet the requirements of Associations Incorporation Reform Act 2012 and the Australian Charities and Not-for-profits Commission Act 2012. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibilities of the Committee for the Financial Report

The committee is responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the Associations Incorporation Reform Act 2012, the Australian Charities and Not-for-profits Commission Act 2012 and for such internal control as the committee determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the committee is responsible for assessing the association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the committee either intends to liquidate the association or to cease operations, or has no realistic alternative but to do so.

Kara House Inc
ABN 20 305 139 734

Independent Auditor's Report to the Members

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

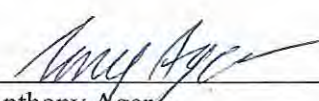
As part of an audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the committee.
- Conclude on the appropriateness of the committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Signed on: 18th SEPTEMBER, 2018

ASSUR PTY LTD.
 ASSUR PTY LTD
 Authorised Audit Company Number: 453122
 Chartered Accountants


 Anthony Ager
 Director - Audit & Assurance
 Chartered Accountant



Celebrating 40 years of supporting
and empowering women and
children escaping family violence



Health
and Human
Services



Kara House acknowledges the support of the Victoria Government

Kara House Inc.

ABN: 20 305 139 734

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Email: admin@karahouse.org.au

Hours: Monday to Friday 9.00pm – 5.00pm



Kara House